



COME TOGETHER 2016

CANAAF National Conference
Friday July 22nd to Sunday July 24th, 2016
Delta Toronto East, Toronto, Ontario



Register NOW for COME TOGETHER 2016, CANAAF's Sixth Annual Awareness Event taking place Friday, July 22nd to Sunday, July 24th, 2016 at the Delta Toronto East Hotel. This 3 day Awareness Event will inspire, affect and appreciate those around you. For people of all ages who have Alopecia Areata or those who care about someone who does.

VENUE:

Join CANAAF in Toronto at the Delta East!

Only a short drive from downtown Toronto, this hotel puts you in the centre of all there is to see and do. Play a round of golf at one of the nearby championship courses. Discover the wonders of science at the Ontario Science Centre. Explore the animal kingdom at the Toronto Zoo. Or simply stay put and enjoy all the amenities this hotel has to offer.

CANAAF guests will receive a discounted rate on their rooms at \$145.00/night for single or double occupancy. To make your reservation online, use the following link -

[Book your group rate for CANAAF Annual Conference](#)

or call 1-888-236-2427, quoting Group Code **CANAAF Annual Conference**. Reservations must be made by **July 7th, 2016** to receive the CANAAF discounted rate.



For more information go to www.marriott.com/hotels/travel/yyzsb-delta-toronto-east





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CANAAF COME TOGETHER Conference – Program at a Glance

Registration and CANAAF Information

Friday July 22nd – 2:00 to 6:00 p.m.

Saturday July 23rd – 8 a.m. to Noon

All attendees must register.
Nametags are required to attend all sessions.

Conference Highlights

- Special Guest NBA Player & Alopecia Advocate, Charlie Villanueva
- An Expert Panel of Medical Physicians and Therapists
- Exhibitor Displays
- Children's and Teens' Camp
- Dessert/Dance Party for all ages! Celebrate the 2016 Rio Summer Olympics!

Friday July 22nd, 2016

2:00 to 6:00 p.m.	Registration
4 :00 to 6 :00 p.m.	Family Swim
7:00 to 9:00 p.m.	Kids' and Teen's Movie & Games Night
7:00 to 9:00 p.m.	Adult-Only Gathering – Pool Atrium

Saturday July 23rd, 2016

8:00 a.m. to Noon	Registration
9:00 a.m. to 5 :00 p.m.	Kids' Camp (snacks provided)
9 :00 a.m. to 4 :00 p.m	Teens' Camp (snacks provided)
9:00 a.m.	Welcome Address
9:15 to 10:45 a.m.	Medical Advisory Panel
10:45 to 11:00 a.m.	Break (refreshments, tea and coffee available)
10:45 a.m. to 5:00 p.m.	Vendor Exhibit Hall Open
11 :00 a.m. to Noon	Guest Speakers & Vendor Presentations
Noon to 1:00 p.m.	Lunch (on your own)
1:00 to 2:30 p.m.	Special Guest Charlie Villanueva – Season X – An Alopecia Movie (Kids and Teens included)
2:30 to 4:00 p.m.	Breakout Sessions
4 :00 to 6 :00 p.m	Make-Up & Hair Seminar (Teens Welcome)
5:00 to 7:00 p.m.	Dinner (on your own)
7:00 p.m. to 11 :00 p.m.	Dessert/Dance Party & Silent Auction

Sunday July 24th, 2016

7:30 to 8:30 a.m.	Morning Yoga
8:30 to 9:30 a.m.	CANAAF Board of Directors' Annual General Meeting (all are welcome)
9:00 a.m. to Noon	Kids' Camp (snacks provided)
9:30 a.m. to 10:00 a.m.	Tech Talk
10:00 a.m. to 10:15 a.m.	Break (refreshments, tea and coffee available)
10 :15 a.m to Noon	Teen Talk
10:15 a.m. to Noon	Connecting with CANAAF – A Roundtable Discussion
Noon	Kids' Camp Ends
Noon to 1:00 p.m.	Goodbye Gathering

*** some activities subject to change ***



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Detailed Program Information

Friday July 22nd, 2016

Registration	2:00 to 6:00 p.m.	All attendees must register. Nametags are required to attend all sessions. Parents of all Kids' & Teens' Camp attendees must have the Improv Care Child Profile Form and CANAAF Waiver signed and emailed prior to arrival.
Family Swim	4 :00 to 6 :00 p.m.	Join us for Family Swim Time in the large indoor salt-water pool with waterslides. Nominal Fee Applies to all Non Registered Guests. (Lifeguard on Duty)
Kids' and Teen's Movie & Games Night	7:00 p.m to 9:00 p.m.	A Movie & Games Night for the Kids & Teens facilitated by our CANAAF young adults. There will be an age appropriate Movie plus Camp & Board Games for your kids to enjoy. Held in the hotel and monitored by CANAAF Adult volunteers. Children 5+years and older are welcome. <u>(In-Room Babysitting services are available through our conference child care provider – Improv Care. Book directly with them at www.improvcare.ca. Additional charges will apply)</u>
Adult-only Gathering	7:00 p.m to 9:00 p.m.	Join us for an Adult-Only Welcome Reception In the Hotel Pool Atrium area. This is a great opportunity to mix and mingle with others who are affected by alopecia areata, while enjoying some beverages and appetizers.

Saturday July 23rd, 2016

Registration	8:00 a.m. to Noon	All attendees must register. Nametags are required to attend all sessions. Parents of all Kids' & Teens' Camp attendees must have the Improv Care Child Profile Form and CANAAF Waiver signed and emailed to prior to arrival.
Kids' Camp	9:00 a.m. to 5:00 p.m.	Kids' Camp – 5 to 12 years old
Teens' Camp	9:00 a.m. to 4:00 p.m.	Teens' Camp – 13 to 17 years All Children and Teens, age 5 to 17, are automatically registered for our Conference Camp provided by Improv Care Group Child Care Services. Snacks will be provided. Lunch will be with parents. A child profile form must be completed in advance – one for each child. Please see attached document from Improv Care for further details.
Welcome Address	9:00 a.m.	Welcome from CANAAF's co-founder and past President, Jim Makris, and Colleen Butler, current President of CANAAF.
Medical Advisory Panel	9:15 a.m to 10:45 a.m.	An esteemed panel will answer your medical questions All questions will be pre-screened. Please email your questions ahead of time to info@canaaf.org with the subject line – <u>Medical Panel Question for Conference.</u> Panel includes : <ul style="list-style-type: none">• Dr Elena Pope• Dr Jeff Donovan• Alison Collison, RSW



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Break	10:45 a.m to 11:00 a.m.	Coffee, tea and light snacks are provided.
Vendor Exhibit Hall Open	10:45 a.m. to 5:00 p.m.	A variety of exhibitors and vendors related to Alopecia Areata for you to peruse at your leisure.
Guest Speakers & Vendor Presentation	11:00 a.m to Noon	Informative Guest Speakers & Vendor Presentations including - Anna Pileggi, Executive Director of AboutFace Jennifer Krahn, Image Evolution by Freedom Wigs
Lunch (on your own)	Noon to 1:30 p.m.	Please pick up your children from camp to join you for lunch
Season X – Inspired by Charlie Villanueva – Alopecia Movie	1:00 p.m to 2:30 p.m.	Special Guest NBA Player & Alopecia Advocate, Charlie Villanueva, will be presenting his documentary, <u>Season X – Inspired by Charlie Villanueva – Alopecia Movie</u> , especially for CANAAF!
Breakout sessions	2:30 p.m to 4:00 p.m.	<ul style="list-style-type: none"> • Parents of Children with Alopecia Areata • Parents of Teens with Alopecia Areata • Adults Affected by Alopecia Areata
Let's Get Beautiful!	4:00 p.m. to 6:00 p.m	Learn to properly create and shape eyebrows, apply lashes, style and care for your wigs and learn make up techniques. Hands on and instructional tips provided by Bernadette Serbu, Jennifer Krahn & Sarah Espiritu. Teens Welcome!
Dinner (on your own)	6:00 p.m to 7:30 p.m.	
Dessert/Dance Party	7:30 p.m. to Midnight	For our Conference Dessert/Dance Party we are asking you to COME TOGETHER and celebrate the 2016 Rio Summer Olympics! Dress up to represent the country of your families heritage or simply your favourite Olympic sport. Let's cheer on the athletes from all over the world and unify our CANAAF community in celebration.



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Morning Yoga	7:30 a.m to 8:30 a.m.	We all know the role yoga can play in self-awareness. Yoga Instructor, Nicky Nock, of Goodlife Workplace Wellness will lead us through some of the core yoga breathing and meditative practices. Please bring your own mat if you are able. We will try to provide extras for those from out of town.
CANAAF Board of Directors' Annual General Meeting	8:30 a.m to 9:30 a.m.	Join the CANAAF Board of Directors for our Annual General Meeting. All CANAAF attendees are welcome to attend.
Kids' Camp	9:00 a.m to Noon	Kids' Camp is provided by Improv Care Group Child Care Services. Snacks will be provided. A child profile form must be completed in advance – one for each child. Please see attached document from Improv Care for further details.
Tech Talk	9 :30 a.m. to 10 :00 a.m	Introducing the official launch of the New CANAAF App!
Break	10 :00 a.m to 10:15 a.m.	Coffee, tea and light snacks are provided.
Teen Talk	10 :15 a.m. to Noon	A Support Session for Teens Affected by Alopecia. There will be question sheets available at registration for those teens who would like to ask a question or suggest a topic for discussion. Parents are also welcome to drop in their suggested items to discuss.
Connecting with CANAAF – A Roundtable Discussion	10:15 a.m to Noon	What's in the future for CANAAF & Alopecia Areata? A facilitated brainstorming session where all get to participate in helping CANAAF move forward and upward!
Kids' Camp Ends	Noon	
Goodbye Gathering	Noon to 1:00 p.m.	A great way to end your weekend! The Kids' Camp attendees will be brought into the session to watch an interactive and moving video slideshow of the CANAAF COME TOGETHER 2016 Toronto Conference. Look for yourself in the collage of photos!

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Medical Advisory Panel Bio's

Medical Advisory Panel – Elena Pope, MD, MSc, FRCPC



Dr. Elena Pope is a Professor in the Department of Paediatrics at the University of Toronto. In 2003, she became the Director of the Section of Dermatology, Division of Paediatric Medicine at the Hospital for Sick Children, Toronto, Ontario, Canada.

She received her medical training at The Institute of Medicine and Pharmacy, Bucharest Romania and the University of Toronto, receiving her Fellowship in Paediatrics. She was Associate Chief Resident at the Hospital for Sick Children and subsequently a Fellow in Paediatric Dermatology.

Since becoming Director of Paediatric Dermatology, Dr. Pope has instituted innovative approaches to the care of paediatric dermatological conditions, most notably the first Epidermolysis Bullosa clinic in Canada, the development of an international registry for patients with cutaneous T-cell lymphoma (the first international initiative of its kind for paediatric patients) and co-founder of the VAST service (the only one in Canada providing an interdisciplinary inpatient consultation service and outpatient specialty clinic for children with complex vascular tumors). She also specializes in Morphea.

She is a Project Investigator at the Research Institute, Hospital for Sick Children and is involved in numerous research projects.

Dr. Pope has many teaching commitments at the Hospital for Sick Children and has been the recipient of the hospital's Department of Paediatrics' Postgraduate Subspecialty Teaching Award.

Medical Advisory Panel – Jeff Donovan, MD, PhD, FRCPC



Dr. Donovan is a board-certified dermatologist with a practice devoted exclusively to the treatment of hair loss. His offices are based in Vancouver and Toronto, Canada. He is certified by the American Board of Dermatology and the Royal College of Physicians and Surgeons of Canada. He received his medical degree from the University of Ottawa in 2004. His post-graduate clinical training in Dermatology and PhD studies in molecular biology were conducted at the University of Toronto.

In addition to his private practice, Dr. Donovan leads the program in hair loss at [Women's College Hospital](#) and is an Assistant Professor at the University of Toronto. Dr. Donovan is a medical advisor to the Canadian Alopecia Areata Foundation.



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Medical Advisory Panel – Alison Collison, MSW, RSW



Alison has over 20 years experience working with adults, adolescents, and children in a number of different capacities. As a Clinical Social Worker in Private Practice, her experience includes individual, couple and family therapy for issues such as anxiety and depression, parenting and relationship challenges, trauma, grief and loss. Alison uses a number of theoretical concepts to guide her practice; an attachment Psychotherapist at heart, she also uses Solution Focused and Cognitive Behavioural Therapy concepts. Alison taught a number of courses at George Brown College for over 15 years and prior to her Private Practice, she worked as a Clinical Therapist in the Child & Adolescent Mental Health Outpatient Clinic at North York General Hospital.

Alison has a Masters of Social Work degree from Wilfrid Laurier University. She holds certification in Relational Life Therapy, Trauma Training & Cognitive Behavioural Therapy. Alison is a member of the Ontario Association of Social Workers and the Ontario College of Social Workers and Social Service Workers.

Alison is an active volunteer for Canadian Alopecia Areata Foundation. Having lived with Alopecia Universalis for a number of years, Alison is passionate about supporting adults, teens, children and parents dealing with this life altering condition.

Special Guest – Charlie Villanueva



Charlie suffers from an autoimmune skin condition called Alopecia Areata, which affects over 5 million North Americans. Alopecia results in hair loss on the scalp and elsewhere on the body, but the disease is not otherwise life-threatening or harmful, nor contagious. He remains a Spokesperson for the National Alopecia Areata Foundation (NAAF) to help others growing up with the same condition. While on road playing against the opposing city, Charlie meets with young children and their parents afflicted with Alopecia Areata throughout the season, called "Charlie's Gifted Angels".

The Charlie Villanueva Foundation (CVF) is a non-profit 501(c)(3) organization, established in the United States, with three main areas of focus: supporting programs that help eliminate bullying, assisting families affected by Alopecia Areata, as well as assisting families in the poverty-stricken Dominican Republic. The Foundation intends to create outlets of self-expression and growth through education, literacy, health, recreational activities and sports with an emphasis on youth.

Charlie has always been a proponent of social networking and communicating with his fans, he was one of the first athletes to ever embrace Twitter, which drew recognizable interest by the NBA league. His honesty and personality have made him a must follow on this platform. He wore number 31 throughout most of his career in salute of his favorite player of all time: Reggie Miller



Improv Care Group Child Care Services

Improv Care provides group child care and programs for children on site at conferences, events and consumer shows.

Activity plans are developed according to the age and interests of the children in the group and are delivered in an active, engaging way by an Improv Care team.

- Improv Care has established the highest service standards on which our programs are based. They guide us when making important decisions on-site. We pride ourselves on being: Fun, Safe, Engaging, Reliable and Educational.

Improv Care Child Care Professionals

- All Improv Care Professionals hold a University Degree or College Diploma in a child related field (Early Childhood Educators, Child and Youth Counselors and Teachers)
- Our professional have been thoroughly screened: this includes a vulnerable persons police check and a professional background check
- All of our professionals have up to date infant/ toddler and standard First Aid and CPR certification
- All of our professionals have extensive experience working in child care and education, caring for children in individual and group care settings
- Improv Care has Professional Liability Insurance and a copy will be posted on-site

What it looks like

All rooms are safety proofed and sanitized and our Improv Care team brings and sets up age appropriate games, activities and child size furniture. We rotate a variety of engaging activities from learn and discover stations, arts and crafts areas, small and gross motor activities, circle time, cozy corner, dramatic play, treasure hunts and exciting excursions.

At Improv Care our philosophy is; “learning through play!” and we are “experts in fun!”

Please contact Dahla MacKenna at dahla@improvcare.ca or 647-287-5433 if you require more information.

All parents must complete a child profile form in advance (one for each child).

This can can be completed on line at <http://www.improvcare.ca/events-and-conferences.html>